

Sunflower oil Alternatives

Ukraine is historically the world's largest producer of sunflower oil. Russia's invasion of Ukraine has disrupted that production, and global sunflower oil supply is stretched thin. Many who use sunflower oil must now consider alternatives

Why do you use sunflower oil?

✔ Because it's non-GMO

Avocado Oil

Avocado oil is used in the cosmetic industry as a major base for skin and body care products such as bath lotions, skin moisturizers, creams and soaps. It is also used in the food industry as an oil for marinades and salad dressings.



Peanut Oil

Peanut Oil is used in fat or oil applications in the food industry. It offers a healthier alternative because of the higher amounts of monounsaturated healthy fats. It's also refined to remove all protein, leaving only fats behind. Because of this, it is considered non-allergenic by the FDA, and is safe for people with peanut allergies to consume.



Olive Oil

Olive Oil is used as a food condiment, an ingredient in salad dressings, and for sautéing. It is also used in cosmetics and personal care formulas.



Palm Oil

Palm Oil is a multipurpose oil for the food industry; used in shortenings, margarines, spreads, cookies, cakes, frostings, pie crust, and for frying. Palm oil also has applications in the cosmetic and pharmaceutical industries.



Coconut Oil

Coconut Oil is used in the food industry for cooking and frying, in baked goods and confections, and in ice cream coatings. Coconut oil also has applications in the cosmetic industry as an ingredient in soaps, skin moisturizers, and tanning lotions.



NGMO Canola Oil

Canola oil is considered a healthier oil because it has zero trans fat. Canola Oil is widely used in the food industry for baking, frying, sautéing, in salad dressings, etc. It also has industrial applications as an ingredient in lubricants, candles, cosmetics, and inks.



NGMO Soybean Oil

Soybean oil is used in the food industry as a cooking and frying oil, and as an ingredient in margarine, shortenings, salad dressings, mayonnaise, frozen foods, and commercially baked goods.



Alternatives

✔ For its stability

Corn Oil

Corn oil is used in the food industry primarily as cooking and salad oil. Because of its high smoke point, it is a valuable frying oil. It is also used as an ingredient in some margarines. Industrial applications are being an ingredient in soap, paint, inks, and insecticides.



Cottonseed Oil

Cottonseed is ideal for light or deep frying because of its neutral flavor. It is also used in other industries such as cosmetics and pharmaceuticals.



Alternatives

Consider a shift to "and/or" labeling to give yourself flexibility to respond to the ingredients market.

Contact us

Still have questions about the right oil for your needs? Your Catania Oils sales representative can help guide you. Contact us to learn more

